

# Behaviour

SPOTLIGHT Canine 101

### Welcome to the Pack

Thank you for Subscribing to our monthly newsletter. Here you will find Tips, Tricks & Explanations on everything dog.

Let us Guide you to become the Pac Leader your dog needs!





# Importance of understanding your dog

Just like people, each dog has its own personality. They express their wants and needs in different ways, and the more time you spend with your dog, the more you'll get to know them. Why are they really chewing every pair of shoes in sight?

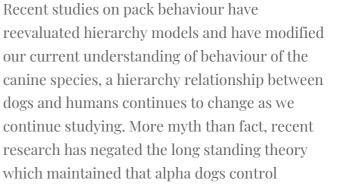
Understanding one another helps strengthen the bond between you and your canine companion. You learn to recognise what triggers specific behaviours and develop a safer, more effective strategy for overcoming them



Set Rules and
Boundaries both at
home and outside.
Ensuring everyone
follows these rules
shows each person
as your dogs Pack
Leader.

### The Pack Leader Mentality

through aggressive habits.







## 10 Principles for Achieving Balance

- 1, Be Aware of Your Energy.
- 2. Live in the Moment.
- 3, Know the Difference between Story & Truth.
- 4, Work with Mother Nature.
- 5, Honour your dog's Instinct.
- 6, Nose, Eyes & Ears
- 7, Know your dog's Natural Pack Position.
- 8, You Create the dog's Calm & Submissive State.
- 9. Be the Pack Leader.
- 10, Life is Simple, We make it Complicated

#### Training

Good training makes your dog easier to control as well as enhances their quality of life and your relationship with them. Reward training can also be a lot of fun for you and your dog!

Dogs are more like to behave badly if they're scared or suffering. Be consistent in the way you, your family and friends react to your dog.

#### Exercise & Play

Dogs need regular exercise and plenty of opportunity to walk and run. Aim to take them out at least once a day to keep them fit, active and stimulated.

Dogs are playful. sociable animals and can become distressed or bored, so remember to mix up the walks with a different route.

#### **Problems**

Pay close attention to your dog. if their behaviour changes or they show regular signs of stress, fear such as excessing panting, licking lips, hiding, cowering to aggression, they could be distress, bored, ill or injured.

If you notice any change, ask your vet for advice. They may refer you to an animal behaviourist.

